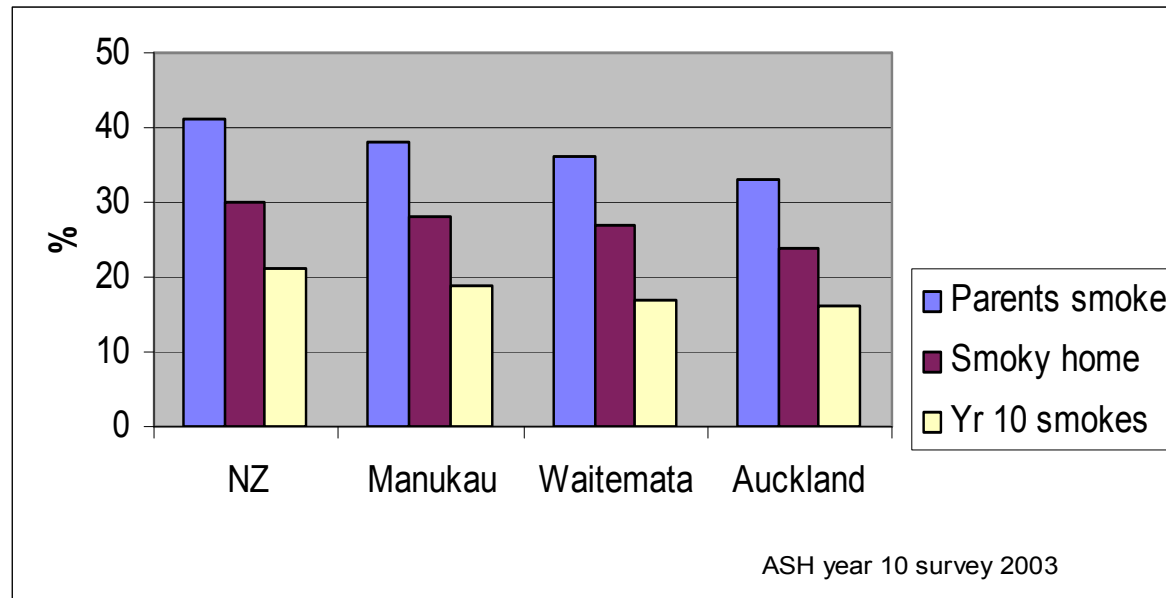




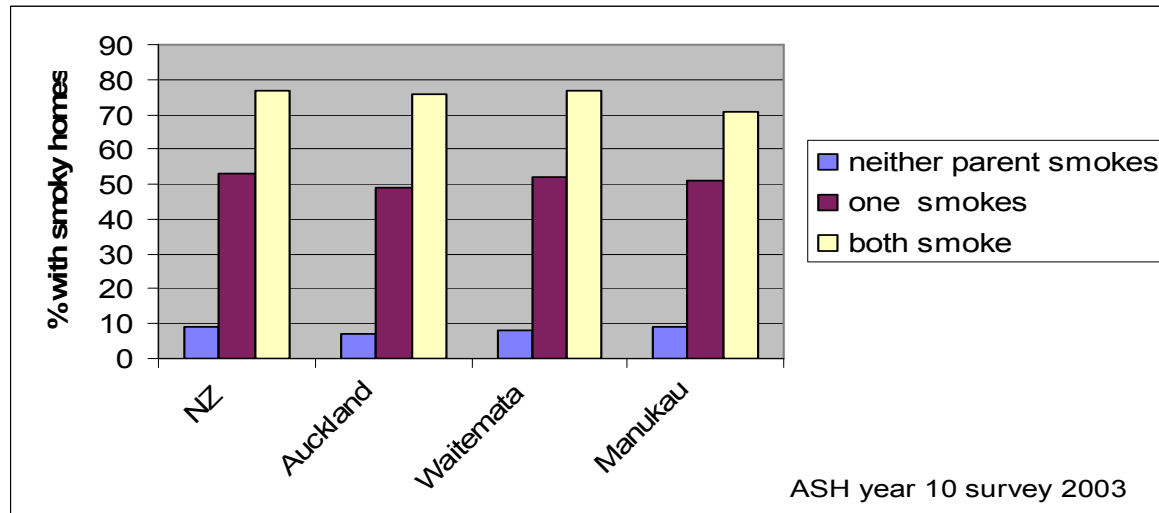
Smokefree homes are the key to
reducing adolescent smoking,
and reducing parental smoking

Murray Laugesen
Health New Zealand

Smoking parents, smoky home and smoking at year 10 are inter-related



The more parents who smoke, the more students with smoky homes



Regardless of parental smoking, a smokefree home protects adolescents from daily smoking

Smokefree home, parents don't smoke → 5% smoke daily at year 10

Smoky home, parents don't smoke → 19% smoke daily at year 10

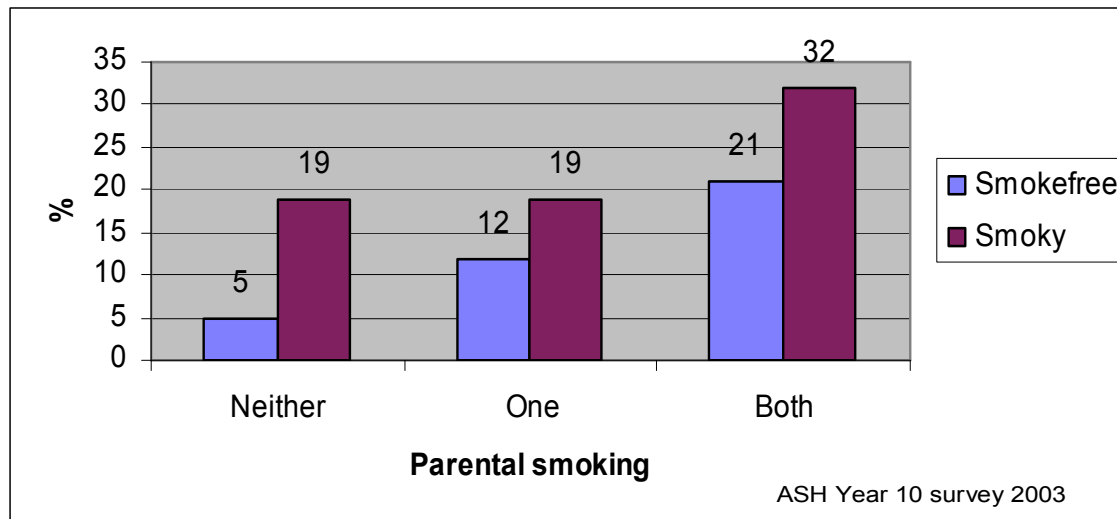
Smokefree home, one parent smokes → 12% smoke daily at year 10

Smoky home, one parent smokes → 19% smoke daily at year 10

Smokefree home, both parents smoke → 21% smoke daily at year 10

Smoky home, both parents smoke → 32% smoke daily at year 10

Regardless of parental smoking, a smokefree home protects adolescents from daily smoking



Smokefree homes campaign

Smoke-free homes will:

- Will help smokers quit and cut down

Richards D, et al. N Z Med J. 2003 May 2;116(1173):U417.

- Protects family from SHS

- avoiding 15% excess mortality risk from heart disease, stroke

Hill, Blakely, Woodward BMJ 2004

- Is closely associated with adolescents not starting

ASHNZ surveys 200-2003